

FIRST DEGREE REIKI CERTIFICATION COURSE

Reiki (Ray-Key) is an ancient Japanese hands on healing art that works on the premise that an unseen Universal energy flows through all living things and can directly affect a person's health and well-being. This Life Force healing energy serves to balance and heal the physical, emotional, mental, energetic and spiritual bodies. Reiki is practiced in over 50 countries worldwide as well as in hospitals, hospices, nursing homes and clinics around the world.

DATE: Saturday, March 21, 2026 10.00 a.m. - 5 p.m.

PLACE: Held in Newmarket (TBA on signing up)

FEE: \$250 (incls. HST, Reiki Level One Manual, vegetarian lunch, a tax receipt, and your Level One Certificate.

Pre-registration is required for this Teaching Course. To secure your place in this training, a \$50 deposit is required and should be sent to: dsharon3000@yahoo.ca

In this Reiki Level One Course you will:

- Learn all aspects of the Usui Shiki Ryoho Reiki Level 1 Teachings
- Be Attuned and Receive the Reiki Level One healing Energies
- Learn the 5 Reiki Principles and how to incorporate them into your daily life.
- Practice how to give a Reiki treatment to yourself as well as to someone else and how to work with children, and the elderly.
- Learn how to incorporate Reiki into your daily life for stress relief and good health.

Your teacher Sharon deRyck is a Reiki Master, an Advanced Energy Practitioner/Healer, a Certified Reflexologist, Meditation Teacher, Animal Communicator and Transpersonal Mentor/Therapist with a private practice in Newmarket, Ontario. www.healing-path-centre.com

Please call or text Sharon at 905-392-1685 if you are interested in taking this Reiki Level One Training and would like some further information prior to deciding.